







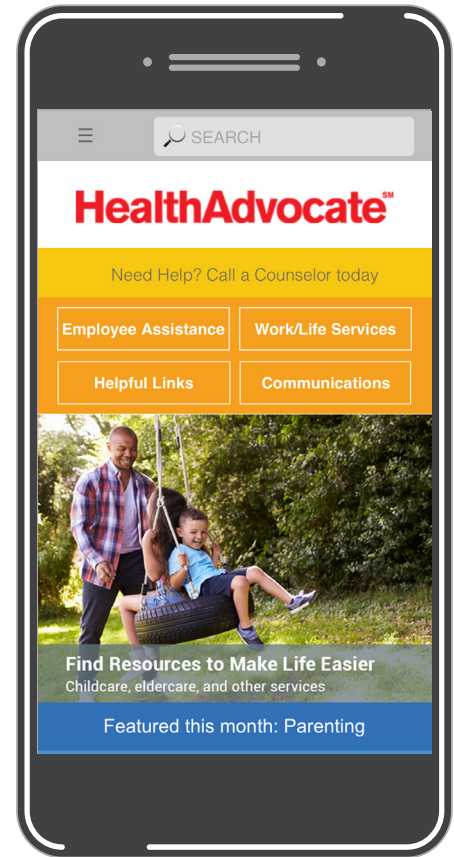
We're here to help  
anywhere, anytime

## Your mobile app is now available!

Free • Convenient • On-the-Go Help

-  **Review Member Benefits**
-  **Confidential support** from Licensed Professional Counselors for personal, family and work issues
-  **Work/Life Services** locates the right help with childcare/eldercare, legal/financial, relocation and more
-  **One-Touch Calling:** Talk to a Licensed Professional Counselor
-  **Quick Email Contact:** Ask a question or address an issue
-  **24/7 EAP+Work/Life Website**
  - View EAP+Work/Life Orientation Video
  - Enhance your skills with Online Trainings
  - View our Webinars
  - Take Health and Well-being Assessments
  - Browse topics from caregiving to retirement planning
  - Access calculators for budgeting, loans, college, etc.

Remember, Health Advocate is available to employees, spouse/domestic partner, dependent children to age 26, and all household members at no cost.



**HealthAdvocate**<sup>SM</sup>