**EMPLOYEE EDUCATION** 

## **HSA Eligible Expenses**



# Pay for healthcare expenses with tax-free dollars

Enroll in a TASC Health Savings Account (HSA) so you can use pretax dollars to pay for healthcare expenses and reduce your taxable income.

Below is a partial list of reimbursable expenses that may be incurred by you, your spouse, or qualified dependents.

## **Eligible Medical Expenses**

- Acupuncture
- Bandages & dressings
- Birth control, contraceptive devices
- Birthing classes/Lamaze only the mother's portion, not the coach/spouse (*birthing instruction only*)
- · Blood pressure monitor
- Blood sugar test kits/test strips
- Chiropractic therapy/exams/adjustments
- Coinsurance, Copayments, and Deductibles
- COBRA healthcare premiums
- Crutches (purchased or rented)
- Dental services
- Diabetic supplies and Insulin
- Feminine care products (tampons, pads, etc)
- Hearing aids and batteries (warranties excluded)
- Incontinence supplies
- Infertility treatments
- Lactation expenses (breast pumps, etc.)
- · Medical supplies to treat an injury or illness
- · Mileage to and from doctor appointments
- · Optometrist's or ophthalmologist's fees
- Personal Protection Equipment (PPE) (facial masks, hand santizer, sanitizing wipes)\*
- Physical exams
- Physical therapy (as medical treatment)
- Sleep apnea services/products (as prescribed)
- Smoking cessation programs
- Treatment for alcoholism or drug dependency
- Vaccinations & Flu Shots
- X-ray fees

#### **Eligible Vision Expenses**

- Eye exams
- Eyeglasses, contacts, or safety glasses, prescription only (warranties excluded)
- Contact lens and contact lens solutions
- Laser eye surgery; LASIK

## Eligible OTC Medicines and Drugs

As of January 1, 2020, over-the-counter (OTC) medicines and drugs are reimbursable with an FSA, HRA, and HSA.

- · Allergy, cough, cold, flu & sinus medications
- · Anti-diarrheals, anti-gas medications & digestive aids
- Canker/cold sore relievers & lip care
- Family planning items (contraceptives, pregnancy tests, etc.)
- Foot care (corn/wart medication, antifungal treatments, etc.)
- · Hemorrhoid creams & treatments
- Itch relief (calamine lotion, Cortizone cream, etc.)
- Nasal spray
- Oral care (denture cream, pain reliever, teething gel, etc.)
- Pain relievers internal/external (Tylenol, Advil, Bengay, etc.)
- Skin care (sunscreen w/SPF15+, acne medication, etc.)
- Sleep aids & stimulants (nasal strips, etc.)
- Stomach & nausea remedies (antacids, Dramamine, etc)
- Wound Treatments/Washes (Hydrogen Peroxide, Iodine)

#### For individuals over age 65

- Medicare Parts A or B
- Medicare HMO premiums (Medigap insurance premiums do NOT qualify)
- Health insurance premiums while receiving unemployment compensation
- Employee share of premiums for employer-sponsored health insurance, including retiree health insurance (if not already taken before taxes)

For more information regarding eligible HSA expenses, please review IRS Publication 969 at **irs.gov** or ask your employer for a copy of your Summary Plan Description (SPD).

\*PPE expenses must be used for the purpose of preventing the spread of coronavirus; eligible purchases made on or after 1/1/20 are available for reimbursement.

